

**Community Connections (Revelstoke)
Society**

Community Kitchens Directory



COMMUNITY CONNECTIONS



**Community Connections
(Revelstoke)
Society**

For more information please contact us

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Special Thanks to our Funders:

Columbia Basin **trust**



How to Use This Guide

This guide is intended to provide an outline of spaces and facilities within the community that may be available to host food related events.

The facilities are divided into three categories: Communal spaces, Churches, and Schools and private spaces. Some of the facilities may not be available to all members of the public. A description of the space, facilities available and terms and agreements are described.

This booklet should be used as a guide for anyone wishing to host a food related event.



About Community Kitchens

Community Kitchens provide a space for people to get together and participate in food production activities. Community Kitchens allow people to socialize, have fun and share their love of food while developing food and nutrition knowledge, healthy eating habits and cooking skills.

A community kitchen is a group of people who meet regularly to cook (and eat) healthy food. Individuals are encouraged to participate in all levels of preparations including meal planning, shopping, food preparation and cooking.

Participants of community kitchens are introduced to new foods, recipes and healthy eating habits that help contribute to a healthy lifestyle. Many community kitchens share meals or prepare meals to be taken home or shared among the community.



What Can a Community Kitchen be Used For?

Community Kitchens can be used for a variety of different events that bring people together over food. Community kitchens can be used for:

- * Canning and preserving workshops
- * Incubator kitchens
- * Meal Sharing
- * Work Bees
- * Developing cooking skills
- * Food skills for families
- * Fundraising

If food is being made for or sold to the public, permits may be required. Contact Interior Health to inquire. Private events in which food is prepared or served by voluntary caterers for functions or gatherings limited to members of their own organization and invited guests are exempt. Find helpful permitting requirements at: www.interiorhealth.ca/YourEnvironment/FoodSafety/Pages/Permits.aspx



10 Steps to Start a Community Kitchen

1. Advertise-Find like-minded people to get involved
2. Call the first meeting
3. Research whether a permit will be required for your planned uses
4. Plan and organize
5. Find a location
6. Get your kitchen ready to operate
7. Second Meeting - Organize recipes, finances and photos
8. Purchase groceries
9. Get cooking!
10. Evaluate your kitchen
11. Get funding and support



Selling your Products

Products can be made available for sale at temporary food markets (Farmer's Markets) providing they adhere to the guidelines for the Sale of Foods at Temporary Food Markets outlined by the BC Centre for Disease Control, an agency of the Provincial Health Services Authority.

Foods categorized as **Low risk foods** have been identified as acceptable for home preparation .

Low risk foods means food in a form or state that is not capable of supporting the growth of disease causing organisms or the production of toxins.

Higher Risk Foods must receive approval through an Environmental Health Officer (Interior Health).

Vendors must display a sign stating that their products were prepared in a kitchen that is not inspected by a regular authority.

More information can be found at
[www.interiorhealth.ca/YourEnvironment/
FoodSafety/Pages/default.aspx](http://www.interiorhealth.ca/YourEnvironment/FoodSafety/Pages/default.aspx)

Health and Safety Considerations

Food Safety

Food safety is important part of community kitchens and facilitators should communicate with participants about safe food handling practices.

Basic Food Safety Guidelines

Personal Hygiene: Ensure all participants wash their hands properly before handling food, after handling raw meats, after using the washroom, sneezing or coughing. Ensure that hair is tied back or secured with a hair net. Don't handle food if open sores or cuts on your hands are present, or wear gloves. And if you are sick please do not attend.

Clothing: Roll up sleeves so that they don't drag in the food and always wear a clean apron.

Food: Never use a leaking, rusting, dented or bulging can as the contents may make you sick. Always wash any board or knife used for raw meat. Always store foods in the proper way to reduce bacteria growth.



Dishwashing: In kitchen without a proper dishwasher follow these steps to ensure that you don't get sick.

Step 1: Scrape the dishes

Step 2: Wash the dishes-Water should be at least 44 °C

Step 3: Rinse the dishes

Step 4: Sanitize the dishes - add one capful of chlorine bleach to 24°C (75°F) water and let the dishes soak for 45 seconds

Step 5: Air dry the dishes

FOODSAFE Level 1:

It is recommended that **at least two people** in your community kitchen group take the BC Certified course "FOODSAFE Level One". This way, if one of the certified people cannot attend the community kitchen, there is still another certified FOODSAFE person in the group.

Further Assistance with Food Safety: For more information or if you have additional questions contact your Health Authorities Environmental Health Department and talk with the Environmental Health Officer.

Check out the online food safety module at www.health.gov.bc.ca/protect/food-safety-module/files/home/htm



List of Community Spaces

Part 1-Communal Space

- * Revelstoke Community Centre
- * Royal Canadian Legion
- * Revelstoke Senior Citizens' Association

Part 2-Churches

- * Revelstoke United Church
- * Revelstoke Alliance Church
- * Revelstoke Baptist Church
- * St. Francis of Assisi Church
- * Revelstoke Anglican Church

Part 3-School and Private Spaces

- * Columbia Park Elementary
- * Arrow Heights Elementary
- * Begbie View Elementary
- * Revelstoke Secondary School
- * Stepping Stones Childcare
- * Corner Stones Preschool
- * Community Connections

*Note: Not all community or communal spaces are inspected commercial kitchens. Some may not be suitable for non-private events requiring permits.



Part I-Communal Space

Communal spaces are areas that are open to the public to rent and use. Often these spaces are larger and can accommodate more people or larger groups.

The communal spaces available in Revelstoke are as follows:

- Revelstoke Community Centre
- The Royal Canadian Legion
- Revelstoke Senior Citizens' Association



Revelstoke Community Centre

600 Campbell Ave, Revelstoke, BC V0E 2S0

Contact: Megan McIsaac

Description: The Community Centre offers an excellent opportunity for large groups, as the adjoining hall can accommodate up to 400 people. The kitchen is the largest commercial kitchen in Revelstoke and is equipped with stove, fridges, oven dishwasher, steam tables, chafing dishes, ice machine, pots & pans, baking sheets and cooking utensils.



Rules and availability:

Those renting the kitchen will need to come in for a tour with the Facility Coordinator as well as sign a Kitchen Rental Agreement. A deposit of \$100.00 is required.

It is mandatory that at least one person have a Foodsafe Certificate, which must be posted during rental contract.

Please clean stove, ovens, counters, sinks and anything else you use. Last one out of the kitchen please ensure ovens are off. Check the fridge before you leave, remove all your supplies .

Access depends on availability. Hours of operation are as follows:

Monday-Friday 8:00am-9:00pm

Saturday 10:00am-8:00pm

Sunday 12:00pm-8:00pm

Rental Cost:

\$140.00/full kitchen

\$70.50/half kitchen



The Royal Canadian Legion

600 1 St W, Revelstoke, BC V0E 2S0
Contact: Shelley (Legion Manager)
Phone: 250-837-4788

Description: A large space which can accommodate groups of up to 225 people. The larger, upstairs kitchen can be rented but must be rented with the adjoining hall. The space is commercially licensed, but anyone using a bar must provide their own liquor license. The upstairs kitchen has 2 movable islands which provide extra counter space and 2 stoves, fridge with freezer, slow cooker, food processor, microwave, large pots and pans and dishes and utensils for 225 people.



Rules and availability: Flexible availability with the exception of Monday, Wednesday and Thursday evenings from 4-8 pm. A damage deposit is required and the coordinator must have food safe certificate. The Legion requests that hats be removed to show respect to the veterans and space be left clean and tidy.

Rentals Cost:

Hall only: \$183.75
Hall and Bar: \$210.00
Hall and Kitchen: \$236.50
Everything: \$262.50
Tables: \$5.00/table
Chairs: \$1.00/chair



Revelstoke Senior Citizens' Association

603 Connaught Ave, Revelstoke, BC
Phone: 250-837-9456

Description: A large space which can accommodate up to 120 people. The kitchen can be rented alone or in combination with the hall. The kitchen has a double-sized fridge, two commercial ovens, industrial dishwasher, 6-burner stove, coffee maker, ice machine; a large selection of pots, pans, dishware, utensils, prep equipment and two movable islands for extra counter space.



Rules and availability: Flexible availability with the exception of mornings. A \$50 damage deposit is required and must book in advance. The space must be cleaned to the standard of how it was rented with all tables and chairs stored away and kitchen supplies stored.



Rentals Costs:

Kitchen only:
\$75.00/ day

Kitchen & Hall:
\$120/ day

Castle Hall– Knights of Pythias

201 Third Street West, Revelstoke, BC
Phone: 250-837-5828 or (250) 837-8626

Description: The Castle Hall is a centrally located facility and can accommodate up to 65 people. The kitchen has 2 stoves, double sink, fridge, and microwave. The kitchen is not commercially licensed but is available to the public. The kitchen is a 12' x 12' room. It is a wheelchair accessible hall.

Rules and accessibility: The availability of this space is flexible except first Wednesday of every month and last Tuesday of every month. Then, availability depends on their calendar of planned events (I.e. Youth group meetings).

Rental Costs:

Kitchen &
Hall: \$125 /
day (*Weekly
rates
available*)

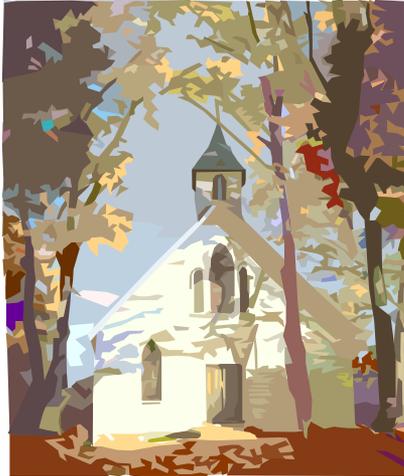


Part 2-Churches

The following is a list of churches in Revelstoke that have communal space available for rent. Size, access and facilities vary for each church.

The church spaces that are available in Revelstoke are as follows:

- Revelstoke United Church
- Revelstoke Alliance Church
- Revelstoke Baptist Church
- St. Francis of Assisi Church
- Revelstoke Angelica Church



Revelstoke United Church

314 Mackenzie Ave, Revelstoke, BC

Contact: Beth Campbell

Phone: (250)837-3198

Description: The Revelstoke United Church is centrally located within the town centre at 314 Mackenzie Avenue. This kitchen is commercially licensed and is equipped with a commercial dishwasher, two fridges, two stoves, one small freezer and a microwave. It has ample counter space, including an island; so many people can easily work in the space. This is a medium-large size room with many pots and pans and it is wheelchair accessible.

Rules and accessibility: The availability of this space is flexible. Reservations are taken on a first come, first serve basis. There is a third party liability program in place for those wishing to rent the space. A non-refundable reservation fee and a damage deposit are required. The kitchen can also be rented with the adjoining hall.

Rental Costs:

Hall: \$125.00

Kitchen: \$100.00



Revelstoke Alliance Church

1550 Illecillewaet Rd, Revelstoke, BC

Contact: Erin Wilkins

Phone: (250) 837-4008 or (250) 814-4395

Description: The Alliance Church is located on 1550 Illecillewaet Road. The space available is a medium-size room which is well designed for groups to gather around the large central counter. This space is not commercially licensed. This space is equipped with 2 fridges, a stove and various kitchen wares.

Rules and Availability: Availability is dependent on patron's discretion in regards to timing, use and purpose. Generally, the space is available Monday to Friday, and occasionally on Saturday. A contract is to be signed reviewing rules, restrictions, and expectations upon rental.

Rental Costs: Rental rates vary depending on requested space (hall only, kitchen only, hall + kitchen). Kitchen rental is \$150.00.



Revelstoke Baptist Church

1806 Colbeck, Revelstoke, BC

Contact: Arleen

Phone:(250) 837-9414

Description: The Revelstoke Baptist Church is equipped with a kitchen that has 2 stoves, fridge, small freezer, commercial dishwasher & popcorn machine. The kitchen has pots, pans, serving utensils, and dishes.

Rules and Availability: This kitchen is not rented out to the public. Private groups can apply to use the space and must submit an application outlining their intent. There are no rental costs for private groups. The kitchen space is unavailable on Sundays and on Fridays during the summer months. The kitchen must be cleaned thoroughly after use.



St. Francis of Assisi Church

510 MacKenzie Ave, Revelstoke, BC

Contact: Marisa

Phone: 250-837-4139

Description: The St. Francis of Assisi Church is equipped with a kitchen that has a commercial fridge, commercial stove plus regular stove, commercial dishwasher, commercial sink, deep freeze, cart, pots & pans, dishes, and cooking equipment.

Rules and Availability: The space is available to the public. The kitchen can be rented on its own, with the hall or classroom. Availability is flexible, depending on the church's ongoing events. Interested renters must call in advance (minimum of one week to rent the kitchen). After use, the kitchen must be cleaned thoroughly after use, with garbage removed and everything put back to as it was when rented.

Rental Costs:

Kitchen: \$150

Additional:

Hall: +\$500

Classroom:

+\$75

*(deposit
required)*



Revelstoke Anglican Church

622 2 W, Revelstoke, BC

Contact: Ann Biggs

Phone: 250-837-5426 (evenings)

Description: This kitchen is equipped with 2 stoves, fridge, deep freezer, dishwasher and cooler (may not be available). There is a variety of kitchen wares and place settings for up to 100. This kitchen is not commercially licenced. The kitchen is a large space, which could accommodate 20 people comfortably and the adjoining hall has a capacity of 100 people.

Rules and Availability: The public must apply to use the space and rental is flexible based on availability. This church hold various meeting groups. It is asked to contact in advance to ensure time. Groups must bring own dish cloths and tea towels and remove garbage when finished. Please tidy up after all events.

Rental Cost: The space can be rented as hall only or hall and kitchen. Hall only is \$150.00. Hall & Kitchen is \$300.00.



Part 3-Schools and Private Spaces

The following is a list of schools and private spaces in Revelstoke that may have communal space available for rent. Size, access and facilities vary for each location.

The school and private spaces that are in Revelstoke are as follows:

- Columbia Park Elementary
- Arrow Heights Elementary
- Begbie View Elementary
- Revelstoke Secondary School
- Stepping Stones Childcare
- Corner Stones Preschool
- Community Connections
- Okanagan College



Columbia Park Elementary

120 Colbeck Rd, Revelstoke, BC

Contact: Ariel McDowell

Phone: (250) 837-4744

Description: This kitchen is located at Columbia Park Elementary at 120 Colbeck Road. It is a medium size room with some counters and a dishwasher. It is equipped with a stove, two fridges, a deep freezer, dishwasher, microwave, pots and pans, dehydrator and an abundance of kitchenware.

Rules and availability: This kitchen is part of a classroom so it has limited time of availability.

Rental Costs:



Arrow Heights Elementary

1950 Park Dr, Revelstoke, BC

Phone: 250-837-6360



Begbie View Elementary

1001 MacKenzie Ave, Revelstoke

Phone: 250-837-3085



Revelstoke Secondary School

1007 Vernon Avenue , Revelstoke

Phone: 250-837-2173



Stepping Stones Childcare

1401 1 St W, Revelstoke, BC

Contact: Linda Chell

Phone: (250) 837-5855

Email: revelstokeccrr@live.com

Description: This location is located at Okanagan College on 1401 First Street West. This is a smaller space that is not commercially licensed. It is equipped with a stove, two fridges, microwave, bakeware, pot and pans. This location is not set up for groups.

Rules and Availability: This kitchen is currently only licensed for staff use. It may be possible to have a facilitator or instructor come in, but the space does not accommodate groups.



Corner Stone Preschool

Revelstoke Early Years Centre
1001 Mackenzie Avenue, room 129
Phone: (250) 805-2304
Email: revelstokecornerstones@live.ca

Description: Cornerstones Preschool is located at the Revelstoke Early Years Centre (beside Begbie View Elementary) at 1001 Mackenzie Avenue in room 129. This location has a smaller space and is not commercially licensed. It is equipped with a stove, two fridges, microwave, bakeware, pot and pans. This location is not set up for groups.

Rules and Availability: This kitchen is currently only licensed for staff use. It may be possible to have a facilitator or instructor come in, but the space does not accommodate groups.



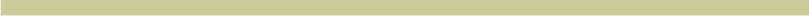
Community Connections

314 2 Street East, Revelstoke, BC
Phone: (250) 837-2920

Description: Community Connections has a kitchen located in the lower level of the building which is used by programs facilitated by Community Connections. The space is equipped with a fridge, stove, dishwasher, sink and ample counter space.

Rules and Availability: This space is only available to facilitators of Community Connections and their clients. This space is not available to the public.





Additional Resources

Great information regarding Community Kitchens can be found on the following websites:

www.freshchoicekitchens.ca

[www.foodsecuritynews.com/Publications/
Community_Kitchen_Best_Practices_Toolkit.pdf](http://www.foodsecuritynews.com/Publications/Community_Kitchen_Best_Practices_Toolkit.pdf)

[www.interiorcommunityservices.bc.ca/programs/
community-kitchens](http://www.interiorcommunityservices.bc.ca/programs/community-kitchens)

[www.srhd.org/documents/NM/
CommunityKitchen-2012-RS.pdf](http://www.srhd.org/documents/NM/CommunityKitchen-2012-RS.pdf)



